

Great Podcasts for Parents

- ♥ [Parenting Great Kids](#) with Dr. Meg Meeker
- ♥ [Parent Footprint](#) with Dr. Dan Peters
- ♥ [Screen Smart](#)
- ♥ [Mind Matters](#) with Emily Kircher-Morris, LPC
- ♥ [How to Talk to Kids About Anything](#) with Dr. Robyn Silverman
- ♥ [Tilt Parenting](#) with Debbie Reber
- ♥ [Mind Matters](#) with Emily Kircher-Morris, LPC
- ♥ [How to Talk to Kids About Anything](#) with Dr. Robyn Silverman
- ♥ [Wire Talk](#) with Karen Stubbs
- ♥ [For the Love](#) with Jen Hatmaker
- ♥ [She Proves Faithful](#)
- ♥ [Going Scared](#) with Jessica Honegger
- ♥ [Oprah Super Soul Conversations Podcasts](#)
- ♥ [Science of Success](#)
- ♥ [The Mom Inspired Show](#)
- ♥ [Drive Time Devotions](#) (with Tom Holladay of Saddleback Church)
- ♥ [Christy Wright's Business Boutique](#)
- ♥ [The G.O.A.T. Show](#) with Mike Arce
- ♥ [Ted Radio Hour](#) with Guy Raz
- ♥ [Personality Hacker](#)
- ♥ [Flourishing Together Podcast](#) with Andrea Worley

Top Podcast Episode Picks

- ♥ Parenting Great Kids [Episode 8](#): Yes! You Can with guest [John O'Leary](#)
- ♥ Parenting Great Kids [Episode 55](#): Raising Kind Kids with [Dr. Thomas Lickona](#)
- ♥ Parenting Great Kids [Episode 74](#): Kids and Screens: Help for Parents with [Dr. Tom Kersting](#)
- ♥ Parent Footprint [Episode 37](#): The Yes Brain: How To Cultivate Courage, Curiosity, and Resilience In Your Child with [Dr. Tina Payne Bryson](#)
- ♥ Parent Footprint [Episode 22](#): Why We're Socially Awkward and Why That's Awesome with [Ty Tashiro](#)
- ♥ Parent Footprint [Episode 7](#): Raising Creative Kids with [Dr. Susan Daniels](#)
- ♥ Screen Smart [Episode 14](#) - Porn and Your Kids with Chris McKenna (with [Protect Young Eyes](#))
- ♥ Screen Smart [Episode 5](#) - Video Game Addiction with Cam Adair (of [Game Quitters](#))
- ♥ Mind Matters [Episode 24](#): True Grit - Fostering Tenacity and Resilience with Emily Mofield, EdD and Megan Parker Peters, PhD

- ♥ Mind Matters [Episode 5](#): The Creativity Crisis with [Steve Coxon, PhD](#)
- ♥ How to Talk to Kids About Anything [Jan 15, 2019](#): How to Talk to Kids about Drugs and Alcohol with [Jeremy Schneider](#)
- ♥ How to Talk to Kids About Anything [Oct 23, 2018](#): How to Organize your Life so You Can Bring Out the Best in Your Child and You with [Julie Morgenstern](#)
- ♥ How to Talk to Kids About Anything [Aug 6, 2018](#): How to Parent with Awareness with [Dr. Dan Siegel](#)
- ♥ How to Talk to Kids About Anything [Sept 25, 2017](#): How to Talk to Kids About Peaceful Sibling Relationships with [Dr. Laura Markham](#)
- ♥ How to Talk to Kids About Anything [June 5, 2017](#): How to Talk About Anger and Big Feelings with [Wendy young](#)
- ♥ Tilt Parenting - Episodes [96 \(Part 1\)](#) and [97 \(Part 2\)](#): A "Masterclass" in Executive Functioning with [Seth Perler](#)
- ♥ Tilt Parenting [Episode 140](#): [Julie Lythcott-Haims](#) on How to Raise an Adult and Help Our Kids Successfully Launch
- ♥ Tilt Parenting [Episode 144](#): [Dr. Sharon Saline](#) on What Our ADHD Kids Wish We Knew
- ♥ Tilt Parenting [Episode 90](#): [Dr. Dan Siegel](#) on Helping Our Kids Develop a "Yes" Brain
- ♥ Mind Matters [Episode 8](#): A guide to Self-Advocacy (with [Deb Douglas](#))
- ♥ How to Talk to Kids About Anything [Nov. 12, 2018](#): How to Help Kids with Autism, ADHD and Other Neurological Disorders Gain Better Brain Balance with [Dr. Robert Melillo](#) of [Brain Balance Centers](#)
- ♥ How to Talk to Kids About Anything [Dec 11, 2018](#): How to Talk to Kids about the Gifts, Tools and Rituals of the ADHD Brain with [Peter Shankman](#)
- ♥ Wire Talk [Episode 134](#): Understanding Sensory Based Behavior with [Christy Bennett](#), OT
- ♥ Parent Footprint [Episode 42](#): With Understanding Comes Calm with [Julie Skolnick](#)
- ♥ For the Love [Series 1, Episode 3](#): Girlfriends Can Save the World with [Shasta Nelson](#)
- ♥ For the Love [The Entire Series](#): For The Love of Change!
- ♥ For the Love [Series 14, Episode 4](#): Give Yourself the Gift of Done: [Jon Acuff](#)
- ♥ For the Love [Series 7, Episode 3](#): A Time to Lead, A Time to Follow: Chasing the Next Big Thing with [Nicole Walters](#)
- ♥ She Proves Faithful [Episode 70](#): Is Self Care Biblical?
- ♥ Going Scared [Episode 30](#): Create Compassionate Spaces with [Curt Thompson](#)
- ♥ Going Scared [Episode 7](#): Being Kind Over Being Right: [Bob Goff](#) gets real (another one of my heroes!)
- ♥ Oprah Super Soul Conversations [Steven Pressfield: Unlock Your Creative Genius](#)
- ♥ Science of Success [Nov. 29, 2018](#): Stop Being Afraid To Be YOU - The Power of Bold Authenticity with [Dr. Aziz Gazipura](#)
- ♥ Wire Talk [Episode 112](#): Anxiety in Motherhood with Special Guest [Dr. Emily Shupert](#)
- ♥ The Mom Inspired Show - Episodes [78 \(Part 1\)](#) & [79 \(Part 2\)](#): Cancer Prevention and Healing Foods with [Kim Maravich](#)