

**Great Podcasts for Parents**

* [**Parenting Great Kids**](https://www.megmeekermd.com/podcasts/) **with Dr. Meg Meeker**
* [**Parent Footprint**](https://parentfootprint.com/podcast/) **with Dr. Dan Peters**
* [**Screen Smart**](https://screensmartpod.com/)
* [**Mind Matters**](https://www.mindmatterspodcast.com/)**with Emily Kircher-Morris, LPC**
* [**How to Talk to Kids About Anything**](https://drrobynsilverman.com/category/podcast/) **with Dr. Robyn Silverman**
* [**Tilt Parenting**](http://www.tiltparenting.com/) **with Debbie Reber**
* [**Mind Matters**](https://www.mindmatterspodcast.com/) **with Emily Kircher-Morris, LPC**
* [**How to Talk to Kids About Anything**](https://drrobynsilverman.com/category/podcast/)**with Dr. Robyn Silverman**
* [**Wire Talk**](https://birdsonawiremoms.com/wiretalk) **with Karen Stubbs**
* [**For the Love**](http://jenhatmaker.com/podcast.htm) **with Jen Hatmaker**
* [**She Proves Faithful**](http://www.sheprovesfaithful.com/)
* [**Going Scared**](https://jessicahonegger.com/podcast/) **with Jessica Honegger**
* [**Oprah Super Soul Conversations Podcasts**](http://www.oprah.com/podcastgift.html)
* [**Science of Success**](https://www.successpodcast.com/)
* [**The Mom Inspired Show**](https://mominspiredshow.com/)
* [**Drive Time Devotions**](http://drivetimedevotions.com/) **(with Tom Holladay of Saddleback Church)**
* [**Christy Wright's Business Boutique**](https://www.businessboutique.com/?ectid=30.26.12942&gclid=Cj0KCQiAn4PkBRCDARIsAGHmH3dtc92cVZOrbyKJrLMZ34p5lbsS-H7qylgSbIadeg4FFnJ21z61BkUaApIfEALw_wcB)
* [**The G.O.A.T. Show**](http://www.goatshowpodcast.com/) **with Mike Arce**
* [**Ted Radio Hour**](https://www.npr.org/programs/ted-radio-hour/) **with Guy Raz**
* [**Personality Hacker**](https://personalityhacker.com/)
* [**Flourishing Together Podcast**](http://www.andreamworley.com/blog) **with Andrea Worley**

**Top Podcast Episode Picks**

* **Parenting Great Kids** [**Episode 8:**](https://www.stitcher.com/podcast/parenting-great-kids-with-dr-meg-meeker-2/parenting-great-kids-with-dr-meg-meeker/e/48483955)Yes! You Can with guest [**John O'Leary**](http://johnolearyinspires.com/)
* **Parenting Great Kids** [**Episode 55**:](https://www.stitcher.com/podcast/parenting-great-kids-with-dr-meg-meeker-2/parenting-great-kids-with-dr-meg-meeker/e/54580504) Raising Kind Kids with [**Dr. Thomas Lickona**](https://www.penguinrandomhouse.com/books/557616/how-to-raise-kind-kids-by-thomas-lickona/9780143131946/)
* **Parenting Great Kids** [**Episode 74**:](https://www.stitcher.com/podcast/parenting-great-kids-with-dr-meg-meeker-2/parenting-great-kids-with-dr-meg-meeker/e/58740239) Kids and Screens: Help for Parents with[**Dr. Tom Kersting**](http://tomkersting.com/)
* **Parent Footprint** [**Episode 37**](https://parentfootprint.com/podcast/the-yes-brain-with-dr-tina-payne-bryson/): The Yes Brain: How To Cultivate Courage, Curiosity, and Resilience In Your Child with [**Dr. Tina Payne Bryson**](https://www.tinabryson.com/)
* **Parent Footprint** [**Episode 22:**](https://parentfootprint.com/podcast/socially-awkward-with-ty-tashiro/) Why We’re Socially Awkward and Why That’s Awesome with [**Ty Tashiro**](http://tytashiro.com/)
* **Parent Footprint** [**Episode 7:**](https://parentfootprint.com/podcast/raising-creative-kids-with-dr-susan-daniels/)Raising Creative Kids with [**Dr. Susan Daniels**](https://summitcenter.us/about/professionals/drsusandaniels/)
* **Screen Smart** [**Episode 14**](https://screensmartpod.com/porn-your-kids-chris-mckenna/) - Porn and Your Kids with Chris McKenna (with [**Protect Young Eyes**](https://protectyoungeyes.com/))
* **Screen Smart** [**Episode 5**](https://screensmartpod.com/video-game-addiction-cam-adair-episode5/) - Video Game Addiction with Cam Adair (of [**Game Quitters**](https://gamequitters.com/))
* **Mind Matters** [**Episode 24**](https://www.mindmatterspodcast.com/home/2019/1/23/episode-24-teaching-tenacity-resilience-and-a-drive-for-excellence)[:](https://www.mindmatterspodcast.com/home/2019/1/23/episode-24-teaching-tenacity-resilience-and-a-drive-for-excellence) True Grit - Fostering Tenacity and Resilience with Emily Mofield, EdD and Megan Parker Peters, PhD
* **Mind Matters** [**Episode 5**:](https://www.mindmatterspodcast.com/home/2018/3/21/the-creativity-crisis) The Creativity Crisis with [**Steve Coxon, PhD**](http://stevecoxon.com/)
* **How to Talk to Kids About Anything**[**Jan 15, 2019:**](https://drrobynsilverman.com/how-to-talk-to-kids-about-drugs-and-alcohol-with-jeremy-g-schneider/) How to Talk to Kids about Drugs and Alcohol with [**Jeremy Schneider**](https://www.jgs.net/)
* **How to Talk to Kids About Anything**[**Oct 23, 2018:**](https://drrobynsilverman.com/how-to-organize-your-life-so-you-can-bring-out-the-best-in-your-child-and-you-with-julie-morgenstern/)How to Organize your Life so You Can Bring Out the Best in Your Child and You with[**Julie Morgenstern**](https://www.juliemorgenstern.com/)
* **How to Talk to Kids About Anything**[**Aug 6, 2018:**](https://drrobynsilverman.com/how-to-parent-with-awareness-with-dr-dan-siegel/) How to Parent with Awareness with [**Dr. Dan Siegel**](https://www.drdansiegel.com/)
* **How to Talk to Kids About Anything**[**Sept 25, 2017:**](https://drrobynsilverman.com/how-to-talk-to-kids-about-peaceful-sibling-relationships-with-dr-laura-markham/) How to Talk to Kids About Peaceful Sibling Relationships with [**Dr. How to Talk to Kids About Anything** **Laura Markham**](https://www.ahaparenting.com/)
* **How to Talk to Kids About Anything**[**June 5, 2017:**](https://drrobynsilverman.com/how-to-talk-to-kids-about-anger-big-feelings-with-wendy-young/) How to Talk About Anger and Big Feelings with [**Wendy young**](http://www.kidlutions.com/)
* **Tilt Parenting - Episodes** [**96 (Part 1)**](http://www.tiltparenting.com/2018/02/20/episode-96-a-masterclass-in-executive-functioning-with-seth-perler-part-1-of-2/) and [**97 (Part 2)**](http://www.tiltparenting.com/2018/02/27/episode-97-a-masterclass-in-executive-functioning-with-seth-perler-part-2-of-2/): A "Masterclass" in Executive Functioning with [**Seth Perler**](https://sethperler.com/)
* **Tilt Parenting** [**Episode**](http://www.tiltparenting.com/2019/01/15/episode-140-julie-lythcott-haims-on-how-we-can-help-our-kids-successfully-launch/) [**140**](http://www.tiltparenting.com/2019/01/15/episode-140-julie-lythcott-haims-on-how-we-can-help-our-kids-successfully-launch/): [**Julie Lythcott-Haims**](https://www.julielythcotthaims.com/)on How to Raise an Adult and Help Our Kids Successfully Launch
* **Tilt Parenting** [**Episode 144**](http://www.tiltparenting.com/2019/02/12/episode-144-dr-sharon-saline-on-what-our-adhd-kids-wish-we-knew/): [**Dr. Sharon Saline**](https://drsharonsaline.com/)on What Our ADHD Kids Wish We Knew
* **Tilt Parenting** [**Episode 90**](http://www.tiltparenting.com/2018/01/09/episode-90-dr-dan-siegel-on-helping-our-kids-develop-a-yes-brain/): [**Dr. Dan Siegel**](https://www.drdansiegel.com/) on Helping Our Kids Develop a "Yes" Brain
* **Mind Matters** [**Episode 8:**](https://www.mindmatterspodcast.com/home/2018/5/2/episode-8-a-guide-to-self-advocacy)A guide to Self-Advocacy (with [**Deb Douglas**](https://www.amazon.com/Power-Self-Advocacy-Gifted-Learners-Essential/dp/1631982036/))
* **How to Talk to Kids About Anything** [**Nov. 12, 2018:**](https://drrobynsilverman.com/how-to-help-kids-with-autism-adhd-and-other-neurological-disorders-gain-better-brain-balance-with-dr-robert-melillo/) How to Help Kids with Autism, ADHD and Other Neurological Disorders Gain Better Brain Balance with [**Dr. Robert Melillo**](http://drrobertmelillo.com/)of [**Brain Balance Centers**](https://www.brainbalancecenters.com/)
* **How to Talk to Kids About Anything** [**Dec 11, 2018**](https://drrobynsilverman.com/how-to-talk-to-kids-about-the-gifts-tools-and-rituals-of-the-adhd-brain-with-peter-shankman/): How to Talk to Kids about the Gifts, Tools and Rituals of the ADHD Brain with [**Peter Shankman**](https://www.shankman.com/)
* **Wire Talk** [**Episode 134**](https://birdsonawiremoms.com/podcast/episode134): Understanding Sensory Based Behavior with [**Christy Bennett**](http://lucythelapdog.com/), OT
* **Parent Footprint** [**Episode 42:**](https://parentfootprint.com/podcast/with-understanding-comes-calm-with-julie-skolnick/) With Understanding Comes Calm with [**Julie Skolnick**](https://withunderstandingcomescalm.com/)
* **For the Love** [**Series 1, Episode 3**](http://jenhatmaker.com/episode-03-shasta-nelson): Girlfriends Can Save the World with[**Shasta Nelson**](https://www.shastanelson.com/)
* **For the Love** [**The Entire Series**](http://jenhatmaker.com/podcast.htm): For The Love of Change!
* **For the Love** [**Series 14, Episode 4:**](http://jenhatmaker.com/good-change-episode-4-jon-acuff) Give Yourself the Gift of Done: [**Jon Acuff**](https://acuff.me/)
* **For the Love** [**Series 7, Episode 3**](http://jenhatmaker.com/episode-03-nicole-walters): A Time to Lead, A Time to Follow: Chasing the Next Big Thing with [**Nicole Walters**](https://www.nicolewalters.tv/)
* **She Proves Faithful** [**Episode 70:**](http://www.sheprovesfaithful.com/podcast/episode70)Is Self Care Biblical?
* **Going Scared** [**Episode 30**](https://jessicahonegger.com/podcast/episode-30-create-compassionate-spaces-with-curt-thompson/): Create Compassionate Spaces with [**Curt Thompson**](https://www.beingknown.com/)
* **Going Scared** [**Episode 7**](https://jessicahonegger.com/podcast/episode-7-being-kind-over-being-right-bob-goff-gets-real/): Being Kind Over Being Right: [**Bob Goff**](https://bobgoff.com/) gets real (another one of my heroes!)
* **Oprah Super Soul Conversations** [**Steven Pressfield: Unlock Your Creative Genius**](https://www.stitcher.com/podcast/own/oprahs-supersoul-conversations/e/58085794)
* **Science of Success** [**Nov. 29, 2018**](https://www.successpodcast.com/show-notes/2018/11/28/stop-being-afraid-to-be-you-the-power-of-bold-authenticity-with-dr-aziz-gazipura)[**:**](https://www.successpodcast.com/show-notes/2018/11/28/stop-being-afraid-to-be-you-the-power-of-bold-authenticity-with-dr-aziz-gazipura) Stop Being Afraid To Be YOU - The Power of Bold Authenticity with [**Dr. Aziz Gazipura**](https://www.socialconfidencecenter.com/)
* **Wire Talk** [**Episode 112**:](https://birdsonawiremoms.com/podcast/episode112?rq=anxiety) Anxiety in Motherhood with Special Guest [**Dr. Emily Shupert**](https://simplifyatlanta.com/emily)
* **The Mom Inspired Show -** Episodes [**78 (Part 1)**](https://mominspiredshow.com/cancer-prevention-and-healing-foods-part-1-kim-maravich-78/) & [**79 (Part 2)**](https://mominspiredshow.com/cancer-prevention-and-healing-foods-part-2-kim-maravich-79/): Cancer Prevention and Healing Foods with [**Kim Maravich**](https://www.kimmaravich.com/)